

Anti-bullying week - toolkit



Anti-Bullying Week 2024 is Monday 11th - Friday 15th November, with the theme: Choose Respect.

It's not just pupils who are affected by bullying, staff can also experience it in the workplace. So how can we create safe and respectful workplaces for all staff?

Check out our toolkit for support and advice on how to recognise bullying at work, what to do if it's happening to you, and how schools and colleges can create workplaces where the wellbeing of staff is prioritised.

Resources

[Psychological safety guide](#)

Our psychological safety guide outlines what psychological safety is, why it's needed in schools, what it looks like in the school environment, and the role of leaders in creating it.

[Joanna's story: finding a way forward after bullying](#)

Primary school teacher Joanna broke down one Sunday afternoon because she couldn't face going into work the next day due to bullying. She shares how our helpline really helped her.

[Bullying and harassment guide](#)

If you work in education, your workplace probably has a bullying policy for pupils. But are staff equally protected? We explain how to recognise bullying and harassment at work, and how to respond if it is happening to you.

[Psychological safety audit](#)

Our psychological safety audit is your starting point for helping your school, college or university develop a culture of psychological safety.

[Building collegiate relationships in schools](#)

Our guide looks at the importance of staff relationships, and how building a collegiate environment is a fundamental pillar for building protective resilience and improving wellbeing across the school workforce.

Resources

5 tips for active listening: try BUILD

Active listening is an important skill for school leaders to help build relationships with their staff. Our article includes key points to remember when having conversations with your colleagues.

Compassionate leadership

Compassionate leadership is the key to open the door to a school culture that puts wellbeing at its heart. Emma Kell talks to six school leaders about how they do it.

Helpline poster

Our helpline counsellors offer immediate emotional, confidential support to teachers and education staff. Download our helpline poster for your staffroom.



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