

Do you want to take staff wellbeing beyond the tickbox?

Sign up for our funded services below, at no cost to you!

Everyone deserves to be healthy and safe at work. Especially those who guide and inspire the next generation. Which is why we're working with Welsh Government to improve school staff wellbeing across Wales.

Wellbeing Advisory Service

Are you a school leader or wellbeing lead who wants to transform how your school approaches staff mental health and wellbeing? Access expert advice from a Regional Staff Wellbeing Advisor, at no cost to you!



Find out more and sign up: educationsupport.org.uk/advisory-service



Website and newsletter sign up: educationsupport.org.uk/wales

To find out more email: staffwellbeingservice@edsupport.org.uk

Professional Supervision for School Leaders

A funded, confidential service that provides a space for you to reflect on the most difficult aspects of your job, as well as the most rewarding. Studies show professional supervision boosts wellbeing, job satisfaction and helps you stay connected to the profession you love.



Find out more and sign up: educationsupport.org.uk/leaders



Workshops and masterclasses for all staff

We offer workshops to support teaching assistants and learning support assistants as well as wellbeing masterclasses, available to different roles in schools. Take a look at our website to find the right ones for you and to sign up at no cost (spaces are limited!).



Find out more and sign up: educationsupport.org.uk/events



Education Support



@edsupportuk



Ydych chi eisiau mynd â lles staff y tu hwnt i'r blwch ticio?

Mae pawb yn haeddu bod yn iach ac yn ddiogel yn y gwaith. Yn enwedig y rhai sy'n arwain ac yn ysbrydoli'r genhedlaeth nesaf. Dyna pam rydym yn gweithio gyda Llywodraeth Cymru i wella lles staff ysgol ledled Cymru.

Cofrestrwch ar gyfer ein gwasanaethau a ariennir isod, heb unrhyw gost i chi!

Gwasanaeth Cyngori ar Les

Ydych chi'n arweinydd ysgol neu'n arweinydd lles sydd eisiau trawsnewid sut mae eich ysgol yn ymdrin ag iechyd meddwl a lles staff? Cewch gyngor arbenigol gan Gyngorydd Lles Staff Rhanbarthol, heb unrhyw gost i chi!



Dysgwch fwy a chofrestrwch: educationsupport.org.uk/advisory-service



Cofrestru gwefan a chylchlythyr: educationsupport.org.uk/wales

I gael gwybod mwy anfonwch e-bost at: staffwellbeingservice@edsupport.org.uk

Goruchwyliaeth Broffesiynol i Arweinwyr Ysgol

Gwasanaeth cyfrinachol wedi'i ariannu sy'n darparu lle i chi fyfyrio ar yr agweddau anoddaf o'ch swydd, yn ogystal â'r rhai mwyaf gwerth chweil. Mae astudiaethau'n dangos bod goruchwyliaeth broffesiynol yn hybu lles, boddhad swydd ac yn eich helpu i gadw mewn cysylltiad â'r proffesiwn yr ydych yn ei garu.



Dysgwch fwy a chofrestrwch: educationsupport.org.uk/leaders



Gweithdai a dosbarthiadau meistr ar gyfer yr holl staff

Rydym yn cynnig gweithdai i gefnogi cynorthwywyr addysgu a chynorthwywyr cymorth dysgu yn ogystal â dosbarthiadau meistr lles, sydd ar gael i wahanol rolau mewn ysgolion. Cymerwch olwg ar ein gwefan i ddod o hyd i'r rhai iawn i chi ac i gofrestru am ddim (mae lleoedd yn gyfyngedig!).



Dysgwch fwy a chofrestrwch: educationsupport.org.uk/events



Education Support



@edsupportuk

